

“Women of Spirit Award: Honouring Courage and Resilience”

Adversity in life is unavoidable. There are times when women are faced with difficulties, obstacles and challenges. Despite this, there are women who flourish not only in the face of adversity, but because of it, displaying resilience and courage.

O2C Solutions, in partnership with Lifeline Canberra for a second consecutive year, would like to invite courageous and resilient women to nominate for the **Women of Spirit Award**. The Award recognises women of the ACT and surrounding areas who have displayed courage by overcoming adversity and given back to the local community in an inspiring manner. The Award honours a woman who, in overcoming her personal adversity and making a positive change in society, inspires others to make a difference in their local community.

The Award provides an opportunity for women of the ACT and surrounding areas to be recognised for their spirit in building opportunity from adversity. It is hoped that the Award will bring strength, hope and a sense of connection to women throughout the region as they face their own daily challenges. The winner of the 2007 Award, Marjorie Taylor, led a remarkable life, firstly caring for her husband Reg, who became a paraplegic in 1967 and losing her daughter, Annette, aged 11, to a cerebral haemorrhage in 1975. Marjorie fought to honour Annette’s wish to donate her organs, despite the lack of legislation in Canberra covering organ harvesting and donation. She was successful – Annette’s kidneys were transplanted into two men aged 16 and 54.

Do you know a woman who has overcome adversity and subsequently flourished? If so, nominate them for the 2008 **Women of Spirit Award**. The **Women of Spirit Award** is free to enter. Details of the Award and entry forms are available on the Lifeline Canberra website at <http://www.act.lifeline.org.au>. Nominations close on the 6th June 2008. The Award Recipient will be announced at the Awards Luncheon on the 20th June, 2008 at the Southern Cross Club, Woden with special Guest Speaker Barbara Blackman.

Lifeline Canberra is a not-for-profit organisation. Lifeline Canberra provides an anonymous, caring and supportive telephone counseling service 24 hours a day, 7 days a week and 365 days of the year. Trained volunteers answer around 20,000 calls per year concerning a range of issues including sexual abuse, loneliness, relationship breakdown, gambling, drug and alcohol problems and suicide prevention. Over 60% of these calls come from women. Visit the website at <http://www.act.lifeline.org.au>.

O2C Solutions recognises the invaluable service that Lifeline Canberra provides and are delighted to partner with Lifeline to present this prestigious award. O2C Solutions is a transformational company that uses training, coaching and consulting to build successful and resilient people, leaders and organisations. Visit the website at <http://www.o2c.com.au>.

For Further information contact Lifeline Canberra office 62470655

Canberra Times – Canberra Caring 2008
Canberra Times – Volunteers Liftout 2008